



**Medical History**

Primary care provider: \_\_\_\_\_  
Medications you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

Have you previously attended therapy? Y or N  
Who did you see? \_\_\_\_\_  
Reason you were seen in therapy: \_\_\_\_\_  
Type of therapy you received: \_\_\_\_\_  
Was the therapy helpful? Circle one: Helpful    Somewhat helpful    Not helpful

Have you experienced any of the following? Please circle and describe.  
-chronic illness: \_\_\_\_\_  
-surgeries: \_\_\_\_\_  
-hospitalizations: \_\_\_\_\_  
-high fevers: \_\_\_\_\_  
-head injuries: \_\_\_\_\_  
-seizures: \_\_\_\_\_  
-eating problems: \_\_\_\_\_  
-sleeping problems: \_\_\_\_\_  
-problems with coordination: \_\_\_\_\_  
-other: \_\_\_\_\_

**Current Stressors**

Please circle any of the stressors you have experienced over the last 12 months:

- |                                  |                                  |                     |
|----------------------------------|----------------------------------|---------------------|
| Death of a parent                | Divorce                          | Death of a spouse   |
| Remarriage                       | Death of a family member         | Death of a child    |
| Personal injury or illness       | Job loss                         | Sexual abuse (self) |
| Sexual abuse (family member)     | Change in family member's health | Birth of a child    |
| Alcohol/drug addiction in family | Change in financial status       | Vacation            |
| Change in living condition       | Change in residence              | Change of job       |
| Other: _____                     |                                  |                     |

Please describe why you are seeking therapy at this time: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you been experiencing these problems? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What have you tried to help yourself so far? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever tried to hurt or kill yourself? Y or N

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

If yes, when did this occur? \_\_\_\_\_

*Now I would like to ask you about some other issues some people may have experienced in their past and current relationships. Please answer these questions as honestly as you can.*

Do you feel safe in your current relationship?      Yes      No      Sometimes

Do your arguments escalate out of control?      Never      Rarely      Occasionally      Very Often

**Please place a check (✓) next to any of the following statements that apply to you:**

***My partner ...***

\_\_\_ tries to control who I spend my time with

\_\_\_ is suspicious that I am unfaithful

\_\_\_ does not believe me when I say where I've been

\_\_\_ keeps me from doing things I want to do

\_\_\_ pressures me to have sex when I don't want to

\_\_\_ verbally attacks my personality

\_\_\_ talks me into doing things that make me feel bad

\_\_\_ ridicules me

\_\_\_ prevents me from leaving the house when I want

\_\_\_ threatens to hurt someone I care about

\_\_\_ threatens me physically during arguments

\_\_\_ damages things in our home

\_\_\_ has pushed, slapped, hit, punched, or hurt me

\_\_\_ humiliates me in front of others

Please use the following space if you'd like to add more detail: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there any other information that would be important for me to know? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of Client: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Therapist: \_\_\_\_\_

Date: \_\_\_\_\_